

# Hawaii Marine

## ‘America’s Battalion’ supports Exercise Talisman Saber

Lance Cpl. Matthew Bragg  
Marine Corps Base Hawaii

**SHOALWATER BAY TRAINING AREA, Australia** — Marines from second platoon, Lima Company, 3rd Battalion, 3rd Marine Regiment, played a significant role in bilateral training with the Australian Defence Force during Exercise Talisman Saber 2013.

Talisman Saber, a biennial exercise, is designed to enhance multilateral collaboration between U.S. and Australian forces in support of future combined operations, humanitarian assistance and natural disaster response.

Currently designated as Marine Rotational Force Darwin in Australia and temporarily headquartered at Robertson Barracks in Darwin, Lima Company, 3rd Bn., 3rd Marines, completed several field operations with Australian forces.

The MRF-D Marines were spread across the Shoalwater Bay Training Area and played different roles throughout the exercise. Marines from second platoon supported the ADF most notably through role-playing as both allies and enemies.

“It’s a good opportunity for us to play the supportive role this time around,” said Cpl. Sean McKinney, a 21-year-old team leader with second platoon, Lima Co., 3rd Bn., 3rd Marines, and native of Gaithersburg, Md., who played the role of an insurgent. “We’re used to being the main effort in a lot of field ops, but it’s good to get a chance to see things from a different perspective.”

See MRF-D, A-7



Lance Cpl. Matthew Bragg | Hawaii Marine

**Australian Army Capt. Andrew Carlile, the civil military organization liaison officer for 1 Armored Cavalry Regiment (right), explains the benefits of befriending Australian forces to the mayor of Waratah Village. The mock village housed more than 40 Australian soldiers and U.S. Marines training in order to establish a successful relationship with a community not accustomed to foreign aid.**

## Airborne interdiction



Cpl. Matthew Callahan | Hawaii Marine

**Pfc. Ryan Parker, a San Matel, Calif. native (closest), and Cpl. Liam Lamarine, from Goffstown, N.H., hold landing zone security down an avenue of approach while their fellow Marines scramble toward a military operations in urban terrain town to conduct a raid in search of a high value individual believed to be an enemy battalion commander as part of Exercise Lava Viper at Pohakuloa Training Area, Island of Hawaii, July 18. The medium machine gunners are with weapons platoon, Echo Company, 2nd Battalion, 3rd Marine Regiment.**

## ‘Island Warriors’ insert, control MOUT town

Cpl. Matthew Callahan  
Marine Corps Base Hawaii

**POHAKULOA TRAINING AREA, Hawaii** — A heavy thudding echoed out steadily in the thin Pohakuloa air. Fading in softly and gradually dominating all other noise, the whir was traced to the blades of rotor-winged monsters moving swiftly against Mt. Mauna Kea’s vast backdrop.

Over the barren wasteland of volcanic rocks, three CH-53Es transporting Marines of Echo Company, 2nd Battalion, 3rd Marine Regiment, maneuvered into position to insert their payload of “Island Warriors” onto the rock bed and into a simulated enemy village, July 18.

Dust flew up around the aircraft’s fuselage and the ramps lowered. The Marines had landed.

Billowing out of the helicopter, Marines quickly set up landing zone security around their ride, consolidating leadership to plan the next move into the military operations in urban terrain facility ahead of them.

Their objective was to capture a high value target believed to be the military equivalent of an enemy

battalion commander and await extract upon completion of the mission.

Within the compound walls, booby traps, opposing forces and evaluators awaited the Echo Marines’ arrival. Marines with Headquarters and Services Company acted as OpFor to enhance the realism of the operation. Engineers with Engineer Service Company, Combat Logistics Battalion 3, evaluated the raiding Marines’ response to the traps they emplaced.

The simulated airborne raid was an opportunity for Echo Company Marines to demonstrate their proficiency in a number of scenarios culminating into one operation.

“The exercise allowed us to coordinate between different platoons on a company level,” said Cpl. Kyle Schutter, 2nd squad leader, 1st platoon, Echo Co, 2nd Bn., 3rd Marines. “Especially for our junior Marines, this allowed better visual immersion into a real life scenario,” according to him.

Schutter led his Marines into the sizeable compound with his head on a swivel, ensuring his men were practicing the appropriate tactics

See AIRBORNE, A-7

*Dust flew up around the aircraft’s fuselage and the ramps lowered. The Marines had landed.*

## Vice President, second lady visit Hawaii service members

American Forces Press Service  
White House Media Pool Report

**WASHINGTON D.C.** — During a stop in Hawaii on their way home from an overseas trip that took them to India and Singapore, Vice President Joe Biden and his wife, Dr. Jill Biden, took time to visit with more than 500 service members and their families at Joint Base Pearl Harbor-Hickam.

Vice President Joe Biden spoke to service members and their families during a USO-sponsored barbecue at Joint Base Pearl Harbor-Hickam, Hawaii, Saturday.

During the visit, Biden highlighted the sacrifices of military members and their families as well as the rebalance to the Asia-Pacific region.

Telling the audience that they are “equal to any Americans gone before you,” Biden said he has seen service members in action in Iraq and Afghanistan.

“You and your families are part of an unbroken chain of patriots that have stood guard over the Pacific since that day of infamy in 1941,” he said, referencing the attack on Pearl Harbor.

The vice president said America’s strength in the Pacific has never been greater, and he talked about plans for a Pacific alliance from Chile to Indonesia. The Pacific basin “is where the future lies,” he added.

“We are, and will remain, a resident Pacific power,” Biden said.

Because of the stability provided by the U.S. military in the Pacific, other countries, including China, India, Indonesia and Singapore, have been able to grow, the vice president said.

In her remarks, Dr. Biden thanked the USO for hosting the barbecue where she and her husband spoke.

“The USO is such a great organization,” she said.



Seaman Johans Chavarro | U.S. Navy

**Vice President Joe Biden speaks to service members and their families during a USO-sponsored barbecue at Joint Base Pearl Harbor-Hickam, Hawaii, Saturday. During the visit, Biden highlighted the sacrifices of military members and their families as well as the rebalance to the Asia-Pacific region.**

“I’ve worked with them many times, and they do really wonderful things.” She also spoke about “Joining Forces,” a program she created with First Lady Michelle Obama that is dedicated to bringing Americans together to recognize, honor and take

action to support veterans and military families.

The vice president’s wife asked the Hawaii families for input and said, “So it’s those kinds of things that I can take back and Michelle and I would be happy to work on them for you.”



**Just for kicks,** Marine struggles against injuries to go back to the sport he loves, **B-1**



**Play it again, Eddie** Former musical Marine continues his passion, **C-1**





# NEWS BRIEFS

## Anderson Hall celebrates August birthdays for service members

Anderson Hall Dining Facility will serve the monthly birthday meal for active duty military patrons celebrating August birthdays, Wednesday, from 10:30 a.m. to 1 p.m. The special birthday meal monthly recognizes and supports active duty customers. Birthday meals are exclusively for active duty service members. The regular menu will be served for military members not celebrating their birthday.

Birthday patrons will pay the regular rate and be allowed to participate upon verification of their August birthday. The birthday meal consists of prime rib, lobster tail, garlic cheese mashed potatoes, vegetables and banana-filled layer cake.

## Marine Corps Embassy Security Group to visit

The Marine Corps Embassy Security Group will conduct a visit to Marine Corps Base Hawaii Aug. 16, to screen Marines for assignment to MSG duty.

Marines must have a signed and completed commanding officer's screening checklist (Phase One and financial worksheet) and report in the service dress "C" uniform. Marines solely desiring information may attend the brief in the uniform of the day without a checklist, but will not be screened.

The briefs will take place at the base theater from 8 to 9:30 a.m. Screenings/interviews are scheduled to begin at 9:30 a.m. in Combat Camera Classroom 5. For more information, call your individual unit career planner.

## Heroes and Healthy Families relationship enhancement retreat for couples

Heroes and Health Families is offering a free relationship enhancement retreat for couples on Sept. 7, from 10 a.m. to 2 p.m. at the Fairways Ballroom of Kaneohe Klipper Golf Course. Free childcare is provided (childcare registrations accepted until Aug. 21). Space is limited so register at <http://www.Heroesand-HealthyFamilies.org>. For inquiries, call Kathy McCarrell at 714-654-7220 or Florence Yamashita at 257-7776.

## Lawrence Road to close for repaving

Repaving of Lawrence Road between Mokapu Road and McClennan Drive will start on Monday, Aug. 26. The project is scheduled for three weeks weather permitting. Working hours will be from 7:30 a.m. to 4 p.m. Warning and vehicle message boards will be posted one week in advance of work and during the duration of work. The new traffic plan will be posted in the Hawaii Marine as the start date approaches. For more information, call 257-1159 or 257-5841.

## Facilities Department furlough schedule

The Facilities Department offices will close once a week Fridays through Sept. 20. Maintenance and repair work executed on Fridays between the hours of 7 a.m. and 3:30 p.m. will only be conducted with official approval. Maintenance requests will be submitted to the Facilities Maintenance Help Desk at 257-2380 during normal working hours, Monday through Thursday, from 7 a.m. to 3:30 p.m.

A critical buildings list has been provided to the base command duty officer and base tenant commands. Utility system outages in these buildings that meet the definition of an emergency will continue to be responded to outside of normal working hours and on furlough days after appropriate notification to the facilities maintenance officer. During the furlough period Self Help and Motor Transportation Dispatch will operate under normal working hours Monday through Friday. For inquiries, call 257-0924 or 257-5841.

## Important phone numbers

On-base emergencies	911
Child Protective Service	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Base information	449-7110
MCB Hawaii Chaplain	257-3552
DEERS	257-2077



# Hawaii Marine

[www.mcbhawaii.marines.mil](http://www.mcbhawaii.marines.mil)

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Submit items for Hawaii Marine to the managing editor no later than noon on the Friday prior to publication, using the following address:

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# ‘FIRE AWAY!’: RANGE HOSTS PISTOL RECREATION FIRE



Christine Cabalo | Hawaii Marine

Damon Kondo, electronics salesman, Marine Corps Exchange, fires his Colt Single Action Army Revolver during recreational fire at Kaneohe Bay Range Training Facility, July 12. Kondo regularly brings several of his registered firearms to the recreational shoot for practice. The range hosts pistol recreational fire every second Friday of the month.

## SERVICE MEMBERS, CONTRACTORS, DoD CIVILIANS ATTEND CAREER FAIR



Kristen Wong | Hawaii Marine

Sgt. Lenesa Kolody (left), chief instructor, and Sgt. Walter Craig, instructor, both with training and readiness platoon, Alpha Company, 3rd Radio Battalion, browse through the program of the Hawaii Defense Tech and Intelligence Career Fair, in the Fairways Ballroom at the Kaneohe Klipper Golf Course, Tuesday. This free event, which was open to service members, Department of Defense civilians and contractors interested in fields including information technology, software engineering, aerospace, logistics, cyber security, project management, network administration and linguistics. For more information, visit <http://www.transitioncareers.com>, or call the Marine Corps Community Services Transition Readiness Program at 257-7787/7790.

## Base chapel collecting nonperishables for ‘Feds Feed Families’

**Kristen Wong**  
*Marine Corps Base Hawaii*

Marine Corps Base Hawaii will be participating in the annual Feds Feed Families campaign, which runs from June to August.

From now through August, the staff at the Chaplain Joseph W. Estabrook Chapel will be leading the base collection of non-perishable goods to benefit various local organizations. Donors can drop off goods in bins located at the chapel sanctuary, the chapel office and the base commissary.

The Hawaii Food Bank is one of several organizations to benefit from the campaign. The most desired food donations are cans of meat, fruit, vegetables, soup and meals.

Since the establishment of the Feds Feed Families campaign in 2009, federal employees nationwide have collected 15.2 million pounds of food. On June 11, the campaign officially began with a ceremony in the



National Capital Area Food Bank in Washington, D.C. The U.S. Department of Agriculture is heading the campaign this year, which officially ends Aug. 28.

“Federal employees are tremendously dedicated to their communities, so it's no surprise to me that the Feds Feed Families food drive has been so successful over the past four years,” said Agriculture Secretary Tom Vilsack in a USDA news release.

“I’m confident that this year, employees here in Washington and in offices across the country will step up once again to help those in need.”

Locally, the Honolulu-Pacific Federal Executive Board is currently

coordinating food collection among all the federal agencies statewide. There isn't a set goal amount; rather the goal is simply to exceed the amount collected the previous year, according to Toni Allen, the deputy executive director of the Honolulu-Pacific Federal Executive Board.

“I always find that the federal workforce rises to the occasion,” Allen said. “Even with their own personal budget restrictions, the federal workforce consistently exceeds the amount of food donated the year before. They’re understanding of, now more than ever, what it means for the struggling economic environment in Hawaii. The federal employees are definitely the champions behind this national program.”

For more information about the campaign, visit <http://www.fedsfeedfamilies.usda.gov>. For more information about the base collection, call Chaplain Bob Crabb at 257-2734, or email [robert.crabb@usmc.mil](mailto:robert.crabb@usmc.mil).

## Base Emergency Operations Center relocates

**Kristen Wong**  
*Marine Corps Base Hawaii*

The Marine Corps Base Hawaii Emergency Operations Center celebrated its new location with an open house in building 217, July 23.

The EOC, which serves as a central location for personnel to support the base during emergencies such as natural disasters. The staff of the EOC has awaited on funding and space for a new location since 2001.

“This is a huge step forward for the base with regard to preparation, response and recovery efforts of an emergency or disaster,” said Jacque Freeland, director, MCB Hawaii Mission Assurance Force Protection. “Thanks should go to our MCB Hawaii Facilities and Communications Department staff for their great support in preparing the facility for this new mission.”

The new EOC is located on the second floor of building 217. Among other new features, the EOC houses more than 30 computer stations which unit or department representatives will be able to use in an emergency.

Prior to the move, the EOC was located on the second floor of building 216. The former location of

the EOC could only house 15 computers and staff members. During emergencies, representatives from various departments and units on base are tasked with supporting the base. However, in the past, representatives were crowded into this small room.

The new location allows easier access to the staff's geographical information system, which provides fast details about the base in emergencies. The center also includes a teleconference room with Secret Internet Protocol Router network capabilities: a command, control, communications, computers, and intelligence communications suite, which is used for reporting to higher authorities in the Navy and Marine Corps and mass notification system terminals.

“The new location offers more space and an environment conducive to the rapid response of emergencies aboard Marine Corps Base Hawaii, including Camp H.M. Smith, Manana Housing, Puuloa Range Training Facility and Marine Corps Training Area Bellows,” said Aleena O’Connor, MCB Hawaii Emergency Operation Center Coordinator. “The new MCB Hawaii Emergency Operations Center is better equipped to handle any emergency and has plenty of room to grow in the future.”



# AROUND THE CORPS



Pfc. Jose Mendez Jr. | 2nd Marine Division

Marines with 3rd Battalion, 8th Marine Regiment, post security while evacuating two American citizens during a training exercise from Combat Town aboard Marine Corps Base Camp Lejeune, N.C., July 24.

## Marines conduct simulated rescue

**Pfc. Jose Mendez Jr.**

*2nd Marine Division*

**MARINE CORPS BASE CAMP LEJEUNE, N.C.** — Marines and sailors with 3rd Battalion, 8th Marine Regiment, 2nd Marine Division, conducted an integrated training exercise with Marines from the 2nd Combat Engineer Battalion which began July 21 aboard the USS Wasp and ended July 24, in combat town, Marine Corps Base Camp Lejeune, N.C.

The amphibious operation was designed to test the amphibious capabilities of the units that took part in the training.

“Amphibious training like this should be done more considering the fact that the Marine Corps is amphibious. We have strayed away from that due to the war we are currently fighting,” said Cpl. Nathan D. Shaw, the 1st squad leader with Kilo Company, 3rd Bn., 8th Marines, and native of Louisville, Ky.

Marines lived aboard the USS Wasp for three days before loading vehicles aboard landing craft air cushion vehicles. Humvees, 7-ton trucks, and M1 assault breacher vehicles were loaded on to the LCACs.

First off the ship were the Marines of 2nd CEB. “We are assaulting the beach. When the LCAC pulls up, the ABVs come off,” said Lance Cpl. David R. Jones, a combat engineer with Mobile Assault Company, 2nd CEB and native of Cumming, Ga.

An ABV is capable of clearing mine fields, filling in a tank ditch and plowing down mounds of dirt.

“With the ABVs, we will simulate clearing a mine field, filling in a tank ditch which will be a

few meters deep and plowing down berms in order to pave the way to combat town for the infantry unit,” said Jones.

When the second wave of LCACs came ashore, the beach was ready for Kilo Company to unload their humvees and 7-ton trucks.

“CEB allowed us to make it to shore,” said 2nd Lt. Allen Dustin, a platoon commander for Kilo Co. and Cedar Rapids, Iowa native.

Kilo Company quickly loaded the vehicles and started to move out to combat town. The mission was to rescue two U.S. citizens and evacuate them to a U.S. Embassy.

“We are conducting non-combatant evacuation operations in order to pick up two U.S. citizens,” said Shaw who was the vehicle commander. He was in charge of transporting the Marines tasked with setting up a watch position and patrolling on the west side of Combat Town.

The Marines were given the whereabouts of the two American citizens.

“The citizens were supposed to be in a church,” said Shaw. “The first building we entered was empty. So we had to improvise and search another building, and they were in there.”

With the two citizens rescued, the next objective was to successfully transport them to the U.S. Embassy. The two citizens were transported in a convoy and reached the U.S. Embassy without any problems. With the operation declared a success, Marines and sailors were pleased with the training.

“It allowed us to go back to our roots with amphibious landings,” said Dustin. “It is our history — a part of our tradition. To continue to stay sharp in this skill is crucial to our success.”

## Service members volunteer together

**Sgt. Sarah Fiocco**

*Marine Rotational Force Darwin*

**PALMERSTON, Northern Territory, Australia** — Marines with Marine Rotational Force Darwin and Australian soldiers with 1st Combat Signals Regiment, 1st Brigade, helped makeover the front yard of Kid’s Brigade Early Learning Centre, July 25.

The Marines and Australian soldiers planted seeds with the children who attend the daycare and laid mulch and rocks in the yard in celebration of National Tree Day. This was the first joint community-relations event for MRF-D Marines and Australian soldiers.

“I’ve worked a lot with children. It felt good to come out here and interact with them,” said Lance Cpl. Lomathias McNealey, administrative specialist, headquarters platoon, Lima Company, 3rd Battalion, 3rd Marine Regiment, MRF-D. “The best part was painting the cups where they planted the seeds. They’re pretty artistic. It was a good feeling to give back.”

Styrofoam cups were not the only things the children painted. One brave Australian soldier had some color added to his face at the hands of the young children.

“The face painting was pretty funny,” joked Australian Pvt. Tim Pratt, information assistant technician, 1st CSR, 1st Brigade, as he cleaned lingering paint from his ears. “I volunteered to let them do it.”

Since the Marines in Darwin usually work with soldiers from Fifth Battalion, Royal Australian Regiment, this was the first bilateral event 1st CSR soldiers and MRF-D Marines conducted together.

“I enjoyed chatting with the Marines today,” said Pratt. “It was good to work together here.”

A local government member also helped transform the garden and was very impressed with the hard work of the service members.

“I think it’s a fantastic initiative of the Kid’s Brigade. They wanted to actively engage with our ADF soldiers here in Palmerston and, of course, with the Marine rotational force,” said Lia Finocchiaro, member for Drysdale, local Member of Parliament, Palmerston. “National Tree Day is significant. It gets the community involved in conservation activities by regenerating urban spaces.”

Finocchiaro said the community enjoys the service members’ involvement in local schools.

“Palmerston has always had a really strong affiliation with the military. It’s really important that ADF soldiers and Marines get involved in these activities,” explained Finocchiaro. “They’re such tremendous role models for our young Territorians. I think just by looking at the smiles on their faces that the kids here today are completely impressed and in awe of the soldiers and Marines.”



Sgt. Sarah Fiocco | Marine Rotational Force Darwin

Children from Kid’s Brigade Early Learning Centre paint the face of Australian Army Pvt. Tim Pratt, information assistant technician, 1st Combat Signals Regiment, 1st Brigade, July 25.

## Marine uses military training to save family involved in car crash

**Cpl. Robert Reeves**

*1st Marine Division*

**MARINE CORPS BASE CAMP PENDLETON, Calif.** — Sgt. Richard Skates, an amphibious assault vehicle crewman serving with Charlie Company, 3rd Assault Amphibian Battalion, had no way of knowing that his character and first aid knowledge would save the lives of four after a car crash July 9.

Skates, his wife and their baby were traveling on an exit ramp from state Route 78 to Interstate Highway 5 when they noticed a large cloud of dirt and debris. As they drove closer, it became apparent to them that a vehicle had veered off the road, through a fence, and overturned into a ditch.

“At first, we thought it was a dust storm,” said Skates a 25-year-old native of O’Fallon, Mo. “Once we got closer, I thought maybe a motorcycle had hit the fence because of the way it was damaged. Then as we came up to it, I saw a car pointing its nose straight up to the sky.”

Skates didn’t hesitate to rush to the crash site despite being released hours earlier from medical with injuries from a separate incident. The fencing around the ravine was trampled down where the car had gone through.

“I saw the fence was broken down and the power line pole had been knocked in half,” said Jacqueline Skates, a 22-year-old O’Fallon, Mo., native. “As I came to a stop, Richard jumped out, and I called 911. He just instantly knew what to do and how to help. He just got in there.”

Skates assessed the situation once he reached the vehicle and realized that the family needed to evacuate the car quickly.

“I could hear them screaming for help as I got to the car,” Skates said. “Everyone in the vehicle was injured and struggling to get free. I remember seeing the little girl in the back with her brother and she was trying to be brave.”

Making a split-second decision, he reached in the back window and started pulling the children out first. Though chaos ensued in the vehicle, Skates kept his cool and rescued both children from the back seat

and the teenager from the passenger seat. He assisted them out of the car and into the care of motorists who stopped to help.

“He was in there for what seemed like forever,” Jacqueline said. “There were other men outside holding the car up by hand so it didn’t roll over and hurt anyone else. Everyone at the scene was in helping mode.”

Skates crawled through the passenger side window once the children were safely out. He assessed the driver of the car and talked to her to keep her mind off of the crash and keep her conscious. He was able to use his

“When everyone else seems to be at a loss when no one knows what to do, he is the one who knows what to do and directs everyone accordingly. He is your top-tier NCO and he is motivated.”

- 2nd Lt. Tyrel Camble

combat lifesaver training to recognize that although she was bloody, she was able to move both of her arms and legs without restriction from her injuries.

“I got everyone out but the driver. A California Highway Patrol officer told me to sit tight and remain in the vehicle because the car was shaking too much,” Skates said.

The CHP officer who arrived on the scene instructed them to wait for emergency services and towing crew who would help stabilize the vehicle by rolling it onto its roof. Skates told the driver to place her hands on the roof of the vehicle and make sure her feet were planted firmly on the floor to brace for the rollover.

“The car was on its side in the ditch with my husband and the driver still inside,” said Jacqueline. “He helped her position herself in the car so the roll wouldn’t hurt her.”

Both the driver and Skates exited the car safely

after the fire department and towing crew rolled the vehicle.

“As soon as the car rolled, I helped her turn and crawl out of the window to the CHP officer,” Skates said. “After that, we had to evacuate the area because the power lines were knocked down, and it was too dangerous to hang around.”

Skates credits the decisiveness of his actions to CLS and other first responder training he has received with throughout his career.

“We all received basic lifesaving techniques in recruit training,” Skates said. “It’s funny how quick that stuff comes right back when you need it. It just hit me. I thought, this is how I do it, and this is what needs to happen.”

Jacqueline said her husband is a good Samaritan at heart who doesn’t mind assisting anyone in need.

“It’s a really good thing we have someone like Richard out there,” Jacqueline said. “He just wants to help everyone.”

“He is the definition of what a (noncommissioned officer) and a professional Marine sergeant should be,” said Capt. Matthew Hohl, native of Clinton, Mass. “Both engaging junior marines and his peers and dealing with them on a daily basis for myself and the master sergeant. He is a fire and forget Marine. Always keeping the leadership and myself in the loop so we don’t have to worry.”

Skates has been deployed two times from 3rd AABn. acting as an AAV crewman in addition to billets outside the range of his formal training. Stopping to assist in the rescue of this family is just the typical behavior Skates’ chain of command has come to expect of him, Hohl said.

“He did really well while deployed. Tactically he has always been a sound individual. He’s the one who takes charge in the heat of the moment,” said 2nd Lt. Tyrel Camble, a Salt Lake City native. “When everyone else seems to be at a loss when no one knows what to do, he is the one who knows what to do and directs everyone accordingly. He is your top tier NCO and he is motivated.”



**11,000** driving hours  
**3,200** transports more than personnel,  
**3.4 million** pounds of cargo  
over the span of **147** missions  
in **3** weeks with **1** unit



Marines with Transportation Service Company, Combat Logistics Battalion 3, drive 7-ton vehicles across the barren, volcanic terrain of Pohakuloa Training Area, Hawaii, July 23. The unit supported 2nd Battalion, 3rd Marine Regiment during Exercise Lava Viper.

## CLB-3 keeps 2/3 war machine fueled at PTA

Story and photos by  
**Cpl. Matthew Callahan**

Marine Corps Base Hawaii

**POHAKULOA TRAINING AREA, HAWAII** — Warfare is a logistician's game. The resources necessary to sustain war fighters is immense, requiring a swath of planning and know-how behind the iron curtain of firepower and battlefield prowess Marines are renowned for.

There are few things that can slow an infantry battalion down, but failing in swift and effective resupply of vital resources to keep Marines moving is one of them.

With more than 11,000 hours of driving time, transport of more than 3,200 personnel and 3.4 million pounds of cargo during 147 missions, Marines with Combat Logistics Battalion 3 proved mission accomplishment relies on the intimate and often overlooked relationship infantrymen have with their support element counterparts.

Exercise Lava Viper is a battalion-level combined-arms exercise designed to enhance the skills of participating Marines part of the ground combat and support element.

The "Island Warriors" of 2nd Battalion, 3rd Marine Regiment relied on a bustling network of Marines in various military occupational specialties in "The Club." In the field, CLB-3 Marines endeavored to provide food, water, fuel, transportation and combat engineer support to the training infantry Marines.

Wherever the "Island Warriors" needed to go, CLB-3 was on deck to ensure hasty insertion by medium tactical vehicle replacement, often referred to as 7-tons, by Marines. Navy corpsmen with the logistics battalion regularly tested the chemical content of the water supplied in the field,

brandishing kits to measure for chlorine, bromine and alkalinity, ensuring water remains consistently potable. The battalion ran fuel trucks across the barren landscape, providing fuel for infantry Marines' tactical vehicles, saving trips back to the rear and ensuring uninterrupted training.

"Being in PTA, you see the bigger picture," said Lance Cpl. Christian Sotelo, a 7-ton vehicle commander with Transportation Service Company,

Combat engineers with Engineer Service Company, CLB-3 were with the infantrymen every step of the way, embedding within companies to provide breaching knowledge and execution during live-fire attack ranges.

"We're the jack of all trades," said Cpl. Cody Walker, a team leader with Engineer Service Co., CLB-3. Walker said training with the infantry "gets us mission effective, just like the grunts. They train for effectiveness, and so do we."

His team carried M028 Bangalore torpedoes for the wire breaches on the Infantry Platoon Battle Course at Range 10. The course was a 1000-meter rollercoaster ride of rocky terrain.

Engineers moved up the middle of the live-fire attacks with the infantrymen, performing their duties and making the transition from various parts of the battle space seamless for advancing personnel. After a breach, they laid engineer tape onto the deck, guiding Marines, single-file, as they advanced.

"Infantry battalions rely on us to be proficient in our jobs. If we're not, they become delayed," said Lance Cpl. Jessica Romero, an engineer with Engineer Service Co., CLB-3. "I never thought I would be working with explosives coming into this job at first. I like what I do and I work hard. As support in CLB-3, I feel we've done more than most."

A Marine infantry battalion is a fierce, high-octane machine, and has proved capable of striking fear into the hearts of generations of enemy combatants over an illustrious history of war fighting. But for all of its might and tactical superiority, the iron curtain becomes an immovable object without the pulley operators — the logisticians.



Cpl. Cody Walker, a Dinuba, Calif. native and team leader, Engineer Support Company, Combat Logistics Battalion 3 places illumination flares as simulated booby traps for Infantry Marines with 2nd Battalion, 3rd Marine Regiment, to react to during helicopter assaults in Pohakuloa Training Area, Hawaii as part of Exercise Lava Viper, July 23. "We're the jack of all trades," said Walker on the different skills his military occupational specialty employs.

CLB-3. "What we do out here, we don't get to do in the rear. It's a job and a job that has to get done, and we do it well."

Some infantrymen may be quick to overlook any MOS that doesn't start with "03," but the bigger picture Sotelo referred to is what kept the war machine performing on all cylinders.

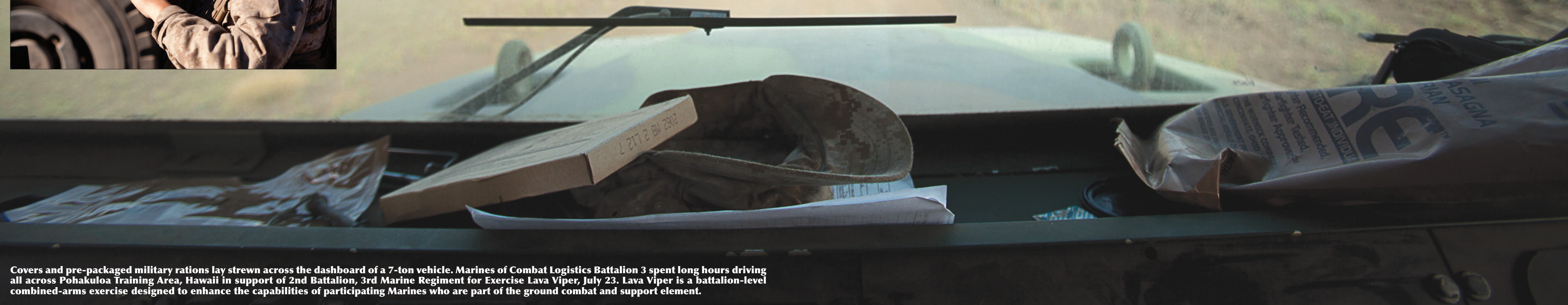
Petty Officer 3rd Class Amber Green, a Lebanon, Ind., native with Headquarters and Service Company, Combat Logistics Battalion 3, tests water supplied to Marines with 2nd Battalion, 3rd Marine Regiment, for chlorine and bromine content and alkalinity every day to ensure water remains consistently potable in Pohakuloa Training Area, Hawaii, July 23. CLB-3 supported 2nd Bn., 3rd Marines during Exercise Lava Viper, a battalion-level combined-arms exercise designed to enhance the capabilities of participating Marines who are part of the ground combat and support element.



Lance Cpl. Jessica Romero, an Athens, Texas native and engineer with Engineer Service Company, Combat Logistics Battalion 3 moves up the line of advance with a M028 Bangalore torpedo to breach wire obstacles during a live-fire attack at the Infantry Platoon Battle Course, Range 10, Pohakuloa Training Area, July 21. Romero and her squad mates worked in support of Marines with Golf Company, 2nd Battalion, 3rd Marine Regiment, during Exercise Lava Viper.



Lance Cpl. Garrett Callahan, a Hayward, Calif. native and vehicle commander with Transportation Service Company, Combat Logistics Battalion 3, waits outside of his 7-ton before departing Forward Operating Base 421 in Pohakuloa Training Area, Hawaii, July 23.



Covers and pre-packaged military rations lay strewn across the dashboard of a 7-ton vehicle. Marines of Combat Logistics Battalion 3 spent long hours driving all across Pohakuloa Training Area, Hawaii in support of 2nd Battalion, 3rd Marine Regiment for Exercise Lava Viper, July 23. Lava Viper is a battalion-level combined-arms exercise designed to enhance the capabilities of participating Marines who are part of the ground combat and support element.



# Back to School

School starts August 5!

**Mokapu Elementary School (Kindergarten - 6th Grade)**

Monday, Tuesday, Thursday Friday: 7:50 a.m. to 2:05 p.m.

Wednesday: 7:50 a.m. to 12:30 p.m.

Front office: 254-7968

**Kailua Intermediate School (7th - 8th Grade)**

Monday, Tuesday, Thursday Friday - 7:50 a.m. to 2:15 p.m.

Wednesday - 7:50 a.m. to 12:30 p.m.

Front office: 263-1500

**Kalaheo High School (9th - 12th Grade)**

Monday, Wednesday, Friday: 7:50 a.m. to 2:45 p.m.

Tuesday, Thursday: 7:50 a.m. to 1:45 p.m.

Front office: 254-7900

*For more information visit the MCCS School Liaison Office at the Youth Activities Center, located in building 6753, or call 257-2019.*

- Bus service is offered on a first come, first served basis, and costs \$270 for the year.
- Bus service is free and mandatory for special needs children.

All students must have a tuberculosis vaccine before applying for school.

**Enrollment requirements**

- Tuberculosis test
- Up-to-date immunization record
- Physical examination
- Birth certificate
- Proof of current address





Cpl. Matthew Callahan | Hawaii Marine

A CH-53E offloads a platoon of Marines with Echo Company, 2nd Battalion, 3rd Marine Regiment, into a military operations in urban terrain training facility as part of Exercise Lava Viper in the Pohakuloa Training Area, Hawaii July 18. The Marines were conducting the raid to clear the MOUT town and capture a high value individual believed to be an enemy battalion commander.

*AIRBORNE, from A-1*

techniques and procedures in the urban environment. The Headquarters and Service Company Marines kept the raid force busy throughout the operation, opening fire with blank ammunition on the Echo Marines and quickly egressing into compounds.

After clearing several buildings, 1st platoon occupied and held security for half the facility while Marines from 3rd

platoon inserted to take the rest of the village in search of the HVI.

CLB-3’s engineers followed in trace of the raid Marines as they made their way through the compound.

“Our mission here was to emplace booby traps, disrupting the assaulting Marines as they moved into the compound,” said Cpl. Mitchell Montes, an engineer with Engineer Service Co., CLB-3. “We were evaluating their reactions and TTPs when they

encountered the traps.” The engineers also acted as personnel safety officers for the Marines conducting the raid.

Lance Cpl. Richard Louis Becerra, a team leader with first platoon, Echo Co., 2nd Bn., 3rd Marines, weighed in on the benefits of the training operation.

“Our initial bounding from building to building was slow to start, but we adapted quickly and moved more fluidly through the compound,” said Louis Becerra. Operating in a

360-degree environment, the team leader emphasized throughout the training that communication is key. “The enemy can be on the first, second or third floors here.” Marines called out danger areas and emplacement of enemy personnel as they rolled through the MOUT town.

After the HVI was captured and the remainder of the compound was secured, the Echo Marines consolidated and awaited extraction.

*MRF-D, from A-1*

“We don’t normally do the role-playing thing, and we don’t normally play the supporting side during training,” McKinney said. “This exercise is about the Australians, and you’ve just got to realize the work that goes into it. In the end you learn more about your fellow Marines and other services by just being around them.”

More than 40 Australian service members and Marines from second platoon played residents of Waratah Village. The remote community was comprised of market vendors, insurgents and a police force. Australian forces discovered the remote community and began speaking with the leaders of the village with the goal of becoming allies.

“Most of the Marines are playing the roles of corrupt cops, or they’re insurgents,” said 29-year-old Staff Sgt. Ernesto Orantes, platoon sergeant of second platoon, Lima Co., 3rd Bn., 3rd Marines. The native of Los Angeles is also the sergeant of the police force within the village. “More than anything, it shows them a point of view from the enemy’s eyes. It’s easier for them to scrutinize each other, learn how not to act in a real combat environment and to take what they learn seriously.”

Working together, MRF-D and ADF conducted various range operations that allowed both services to practice new tactics and shoot foreign weapons while training side by side.

While designated as MRF-D, the Marines completed different types of weapons ranges, raiding enemy compounds and outposts. Lima Company and the

Australian soldiers also participated in a Corporals Course together.

“Sometimes you train and sometimes you help to train,” Orantes said. “At the end of the day it’s about accomplishing the mission, and it takes both of us working together to do that.”

Although Talisman Saber will conclude Aug. 5, the Marines from Lima Company will remain in Australia and return to Darwin to continue training with Australian forces. The Marines will fly home to Marine Corps Base Hawaii at the end of their deployment by the end of the year.

“I hope we just build a strong bond with these guys while we’re out here,” McKinney said. “By doing that, we can build a solid reputation with the Australian forces and set it up for future operations.”



# Sports & Health



## International Language of Fútbol

*His first memory of soccer was waking up at 4 a.m. one morning, hearing the faint sound of the television playing in the other room.*

**Story and photos by  
Lance Cpl. Janelle Y. Chapman**

*Marine Corps Base Hawaii*

**H**is first memory of soccer was waking up at 4 a.m. one morning, hearing the faint sound of the television playing in the other room.

He wandered towards the sound and saw his father seated on the couch watching the World Cup, rooting for America. He climbed up next to his father and watched his first soccer game. From then on, Lance Cpl. Rodolfo Medinaortiz Jr. lived for the sport.

"I started playing as a little kid," Medinaortiz said. "I would roll up socks and play soccer with them. I remember when my dad bought me my first soccer ball."

Medinaortiz, a personal property clerk with the Distribution Management Office, said his father was his biggest supporter, signing him up for the city league, Denton Soccer Association, when he was barely 8 years old. He started his soccer career in Denton, Texas. He watched the sport with his father religiously but actually playing the game was new to him.

"At first I started out rough because I was new to it," Medinaortiz laughed. "I was afraid I'd score in the wrong goal or something."

Medinaortiz was quick to pick up the rules and way of the game, it didn't take long before he was picked up by a private selective soccer club. He was given a full scholarship that paid for uniforms, travel and other team-related expenses. The team traveled throughout Texas to play.

He has many short memories from his first few years of playing soccer. He recalls a proud moment when he scored four goals on his father's birthday when he was eight years old.

He also played in Mexico, experiencing the game in a different culture, which fueled his passion for the game even more.

"I remember after I played select soccer we moved to Mexico for six months," Medinaortiz explained. "The culture is so different over there because here everyone stays inside and over there everyone is always outside, playing soccer in the streets. We would play for sodas. Whoever lost had to buy sodas or chips or something."

Life revolved around soccer for the residents of Mexico, and Medinaortiz felt right at home. The local kids lived for simple things like playing outside in the streets and making up different ways to play the game. He played daily in the streets of Mexico for fun, never for a real league or team, but that was the norm for the town residents. Everyday the streets were full of kids playing with actual soccer balls or other kickable objects.

Once back in Texas, Medinaortiz was given a scholarship to play for a college in Illinois, but turned down the opportunity to join the Marine Corps. He wanted to join the All-Marine Soccer Team, a traveling soccer team of select Marines. The team is

***"I started playing as a little kid. I would roll up socks and play soccer with them. I remember my dad bought me my first soccer ball."***

***- Rodolfo Medinaortiz***

very exclusive, only holding tryouts every two years.

"I wanted to better myself in a different way," Medinaortiz said. "I had a good job at a collision shop. I didn't have to join but I worked with people who were prior military, and they told me it would be a good experience. And I figured I could do school for free and play soccer."

He said his family was behind him 100 percent with his decision to join the Marine Corps. It was actually his mother who told him not to join any other service; she told him to be a Marine. It wasn't easy for his brothers, Angel, 11, and Jessie, 15, but his choices have positively impacted them.

"My little brother Angel wants to be a Marine," Medinaortiz said. "He just wants to follow in all my foot-steps. He plays soccer and wants to join the

Marine Corps."

He said his brother is on a higher level of soccer than he was at his age. Medinaortiz strives to be a good role model for his younger brothers.

"Before I went to boot camp I played with my brother Angel who was nine at the time," Medinaortiz remembered. "I would play with him on my level and he would get mad and I was like 'I'm going hard on you on purpose so that you can get better.'"

He was the first person in his family to join the military. On top of that he was the first person in his family to graduate high school.

"I remember when I first checked in (at Marine Corps Base Hawaii) I told everyone I wanted to play soccer," Medinaortiz said. "Sgt. Campos asked me if I wanted to play on his team (the next day) and I said 'yes.' I remember Sgt. Campos gave me shin guards and I bought socks and soccer cleats. It was my second day in the fleet and we went to play. We played some Navy team in the base league's semi-finals, and I remember we were down 1-and-0 and I remember Sgt. Campos passed me the ball and I scored."

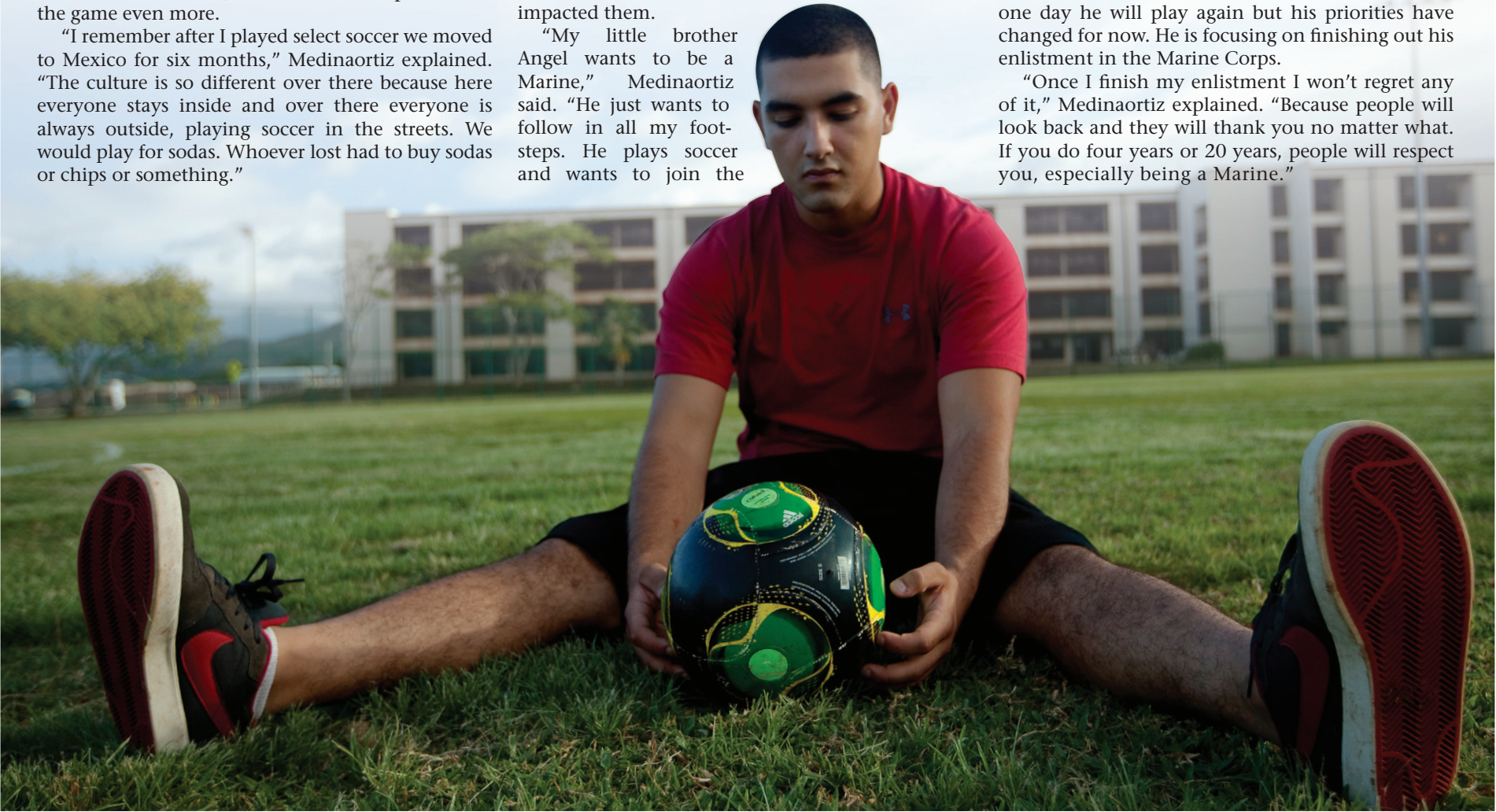
Medinaortiz said he was sure to make it known he wanted to play soccer and he was going to find a way to do it. The team may not have won, but Medinaortiz made a name for himself on the field. He played soccer every chance he could, on the Headquarters Battalion Warriors base team and the 101 Days of Summer short competitions.

But things are a little different now. Although Medinaortiz began this year's soccer season strong, his playing time was cut short by an injury to his back, causing spondylosis and sciatica. He is now unable to finish the season.

"I want to play," Medinaortiz said. "I feel like I can play because I can just suck it up. I've been sucking it up the whole time but I don't want to get held accountable for (his injury) for playing soccer. I've been told specifically there's no soccer for me."

He can no longer play the sport he once basically played in his sleep. He's not giving up hope that one day he will play again but his priorities have changed for now. He is focusing on finishing out his enlistment in the Marine Corps.

"Once I finish my enlistment I won't regret any of it," Medinaortiz explained. "Because people will look back and they will thank you no matter what. If you do four years or 20 years, people will respect you, especially being a Marine."



Lance Cpl. Rodolfo Medinaortiz Jr., a personal property clerk with the Distribution Management Office, has been playing soccer for more than 13 years. His passion for the sport began in Texas and grew when he played in the streets of Mexico as a child.





KNOTTS

Versus is a recurring column tackling debatable issues in the sports and entertainment world. Hawaii Marine readers can submit a subject for future columns by emailing their ideas to [HawaiiMarineEditor@gmail.com](mailto:HawaiiMarineEditor@gmail.com). If there’s a topic you would like to discuss/defend or if you think we missed the mark, let us know and you could see your “opinion,” regardless of how wrong it is, featured below. Suit up ladies ... it’s game time.

# Is editing photos unethical?

Lance Cpl. Suzanna Knotts VS. Lance Cpl. Janelle Y. Chapman

**KNOTTS:** The line between what is ethical and unethical when editing photos can sometimes be either very distinct or hard to point out, depending on the circumstances. In this instance, I think there is some gray area, but I wholeheartedly feel editing photos is not unethical. Photographers have guidelines to follow, especially in the military world, and they must take it upon themselves to play fair or pay the price. But I see no problem with doing minor edits, like brightening a photo because the settings were off when it was taken.

**CHAPMAN:** In my opinion the photo should be kept as taken. There should be no editing allowed because it alters the way the photo looks. If the photo comes out dark then that means you should have changed the camera settings. Changing the brightness and shadows may not change the focal point of the photo but it’ll change the colors and the way the colors are viewed once the image is printed. If you can’t get the shot with the settings on the camera then maybe you should learn how each setting works.

**KNOTTS:** Getting the shot is sometimes difficult for even the best photographers. Capturing the moment as it is happening is the photographer’s greatest concern, and sometimes things happen. I’m sure while taking photos you noticed



CHAPMAN

the settings you had before shooting weren’t the same at the end. That means during the shoot, something changed and you needed to adjust. And maybe you couldn’t adjust in time, meaning you had to take the shot to capture the moment, knowing you could adjust something minor later in editing. Are you saying that you won’t take a shot unless everything is perfect at the moment, risking losing a key photo? I’d rather get the shot without proper exposure than lose the moment.

**CHAPMAN:** No. I’m saying that if the photo is a little off in color then that is how I will publish and advertize it. I will not falsify my work by changing the lighting nor by dodging and burning a photo. By adding shadows and darkening shadows you are altering what was there when the photo was taken. By cropping a photo you are changing what was in the lens when the photo was taken. Yes, you are not altering the image but you are altering the way it looked when it was taken. Photoshop has taken away the art of photography and given people the chance to perfect them by altering the image instead of doing while behind the lens.

**KNOTTS:** You make a very valid point that I agree with in some ways. That’s why I said there is a lot of gray area in this debate. Yes, editing alters the way the photo looks when it was taken.

Yes, this can be considered unethical. However, the editing that I feel is unethical and the editing that you are talking about is on completely different levels. I think it’s very unethical to remove something from the photo or change the way a person looks. That is false advertising. The photographer is showing something that literally was or was not there or someone who doesn’t look the same in real life. That to me is like plagiarizing. But to lighten a photo is something different. It’s not drastic, it doesn’t tell a different story from what the photographer was capturing. Altering has different scales; different levels to it, and shadows and removing part of the image are on completely different wavelengths.

**CHAPMAN:** Yes I agree with you to an extent as well. There are different levels, but I don’t think you should change them. All editing should be banned from magazines, newspapers, and contests. When you enter an edited photo in a contest, don’t you have an unethical advantage over the other competitors? Adobe Photoshop should be banned from newspaper distributors because it’s giving people a false image of photography. Advertising edited photos makes people think that’s how an image looked when in reality the photo is brighter, more vibrant then the actual object. It’s lying to the public and I will not participate in that.

## SPOTLIGHT ON SPORTS BRIEFS

### First Tee of Hawaii offers golf lessons

The First Tee of Hawaii is offering its program free of charge to children of active duty service members, reservists and National Guardsmen, starting Sunday at the Bay View Golf Driving Range on Kaneohe Bay Drive at 11 a.m. Children ages 7 to 18 are eligible. The program teaches valuable life skills through the game of golf. For more information, visit <http://www.thefirstteehawaii.org>, email [kwz711@hawaii.rr.com](mailto:kwz711@hawaii.rr.com) or call 478-3466.

### Health promotion classes offered for 101 Days of Summer

During the 101 Days of Summer program there will be health promotion classes offered. The amount of points awarded to the unit will be based on percentage of unit that takes classes. Contact the Health Promotion Office to schedule unit training. Classes available include tobacco prevention, injury prevention, nutrition, chronic disease prevention, physical fitness, alcohol and substance abuse, STD/HIV Transmission and Prevention. For more information about unit training, call 254-7636.

### Register for Tradewind Triathlon

The public is invited to register for the Tradewind Triathlon Aug. 10 at Hangar 101 ramp, starting at 6:30 a.m. Race will consist of a 500-meter swim in Kaneohe Bay, 11.6-mile bike along the flightline and a 5k run before finishing at Dewey Square. Participants may enter individually or as a three-person relay team (one swims, one bikes, one runs). Online registration closes Aug. 6 at 4:30 p.m. Register at the Semper Fit Center

or online at <http://www.mccshawaii.com/races> or call 254-7590 for more information.

### Register for Keiki Tradewind Triathlon

The public is invited to register for the Keiki Tradewind Triathlon Aug. 10 at Hangar 101 ramp, starting at 6:30 a.m. The race will consist of two divisions, ages 7-10 and 11-14. The 7 to 10-year-old division will consist of a 100-meter swim, 3-mile bike and 0.8-mile run. 11-14 year old division will consist of a 200-meter swim, 6-mile bike and 1.2-mile run. Online registration closes Aug. 6 at 4:30 p.m. For more information, register at the Semper Fit Center or at <http://www.mccshawaii.com/races> or call 254-7590.

### Single Marine and Sailor Program offers surf lessons

The Single Marine and Sailor Program is offering surfing lessons Aug. 11 from 9 a.m. to 3 p.m. The fee includes lessons, gear rental (board), transportation and barbecue. Bring sunscreen, towel, dry clothes, rash guards. “Reef-walkers” are recommended. Meet at Kahuna’s Recreation Center at 9 a.m. Sign up by Tuesday. The event is open to all single, unaccompanied Marines and sailors. Call Karley Peterson at 254-7593.

### Compete in 101 Days of Summer Soccer Tournament

The 101 Days of Summer Soccer Tournament is scheduled from Aug. 6 to 16 at Riseley Field. As many as 15 players are allowed on each team for the 8-side tournament. Participants can earn points for your unit. The deadline for registration is Wednesday. Email [neil.morgan@usmc-mccs.org](mailto:neil.morgan@usmc-mccs.org) or call 254-7636.

### Compete in 101 Days of Summer field meet

The 101 Days of Summer field meet is scheduled for Aug. 16 at Riseley Field. The entry deadline is Aug. 14. Events will include volleyball, horseshoes, tire flip, 100-yard dash, tug-o-war, big trike race and joust. Points awarded to units will vary based on events entered. For more information, call 254-7636.

### Compete in Shank and Slice Golf Tournament

The Shank and Slice Golf Tournament is scheduled for Aug. 23 at the Kaneohe Klipper Golf Course. Participants may start checking in at 11:30 a.m. and there will be a shotgun start at 12:30 p.m. Units can earn up to 150 points — 10 points per person; maximum 15 people, toward the 101 Days of Summer program. Participants must register by Aug. 15. For more information, call 254-7593.

### Fisher House 8K Hero and Remembrance Run, Walk or Roll

The Fisher House 8K and Remembrance Run, Walk or Roll is taking place on Saturday, Sept. 7, from 7 a.m. to 10 a.m. at Ford Island. Runners, strollers, wheelchairs, small children’s bikes or hand bikes, skates and pets are welcome. The event is meant to raise awareness about the Tripler Fisher House which provides comfort homes to military families during a medical crisis. They will also be honoring fallen service members who have lost their lives in combat since 9/11. This event is free and open to the public. For more information, visit <http://triplerfisherhouse.eventbrite.com>. For more information, email [theresa.m.johnson2.naf@mail.mil](mailto:theresa.m.johnson2.naf@mail.mil) at 561-7423.



Photos by Jay Parco | Hawaii Marine

# 'Go ahead, jump'

## Single Marines and sailors visit iTrampoline Hawaii

**Kristen Wong**

*Marine Corps Base Hawaii*

**KAPOLEI, Hawaii** — Marines with the Single Marine and Sailor Program leaped at the opportunity of visiting iTrampoline Hawaii in Kapolei, Hawaii, July 24.

iTrampoline Hawaii, which opened its doors in March, boasts more than 14,000 square feet for its patrons to bounce and play. The space is partitioned into various sections, each one for a different function, whether playing sports or basic jumping. In one section, patrons can leap into a pile of soft, blue foam cubes. In addition to the large, multicolored trampolines, there is a seating area for folks recovering from hours of literally bouncing off the walls.

This was SMSP's first trip to iTrampoline Hawaii, meeting at Kahuna's Recreation Center and riding together to Kapolei. Karley Peterson, the SMSP coordinator, said she heard about the place from a friend, and said it is likely the group will visit iTrampoline Hawaii again in the future.

"It actually is really fun for all ages," Peterson remarked.

Patrons at iTrampoline Hawaii are also able to play sports like dodgeball and basketball while bouncing on trampolines. While visiting, the Marines played dodgeball together. Cpl. Franklin Junay Lemus, an administrative specialist with Marine Aircraft Group 24 was among those attending. Though some may wonder if dodgeball is more challenging on a trampoline surface, the Houston native didn't think twice about it.

"You forget you're on a trampoline," Junay Lemus said. "You get into the game."

Junay Lemus said there were trampolines that allowed jumping from the side.

"The best part for me was just jumping, having the ability to just jump for as long as you want," he added.

"It was pretty cool," said Cpl. David Cox, a communications technician at Marine Corps Air Station Kaneohe Bay. "It was definitely tiring."

Cox had seen advertisements for places like iTrampoline Hawaii on the mainland U.S., but this was his first visit to a trampoline amusement venue.

Peterson said the goal is to get more single Marines and sailors to participate in the activities throughout the year.

This was just one of many activities SMSP offers to single, unaccompanied Marines and sailors aboard Marine Corps Base Hawaii.

Junay Lemus expressed his fondness for the program as it keeps him busy and encourages Marines and sailors to stay physically active. Many of the activities are physical, including



**Sgt. Ruben Diaz, truck master, Aircraft, Rescue and Firefighting, Marine Corps Air Station Kaneohe Bay, launches from a trampoline and flips over into a pile of foam cubes at iTrampoline Hawaii in Kapolei, July 24.**

hiking, surfing and now, jumping. Junay Lemus in particular enjoyed the shark cages tour, where he could get a close-up, underwater view of sharks from a cage.

"It was by far the coolest thing I've ever done," Junay Lemus said. "I was just amazed by it. We were surrounded by sharks. It was crazy."

In August, single Marines and sailors will explore the island of Maui, engaged in many activities including hiking in the Seven Sacred Pools in Hana, Hawaii, zip-lining and riding an all-terrain vehicle tour at Kahoma Ranch.

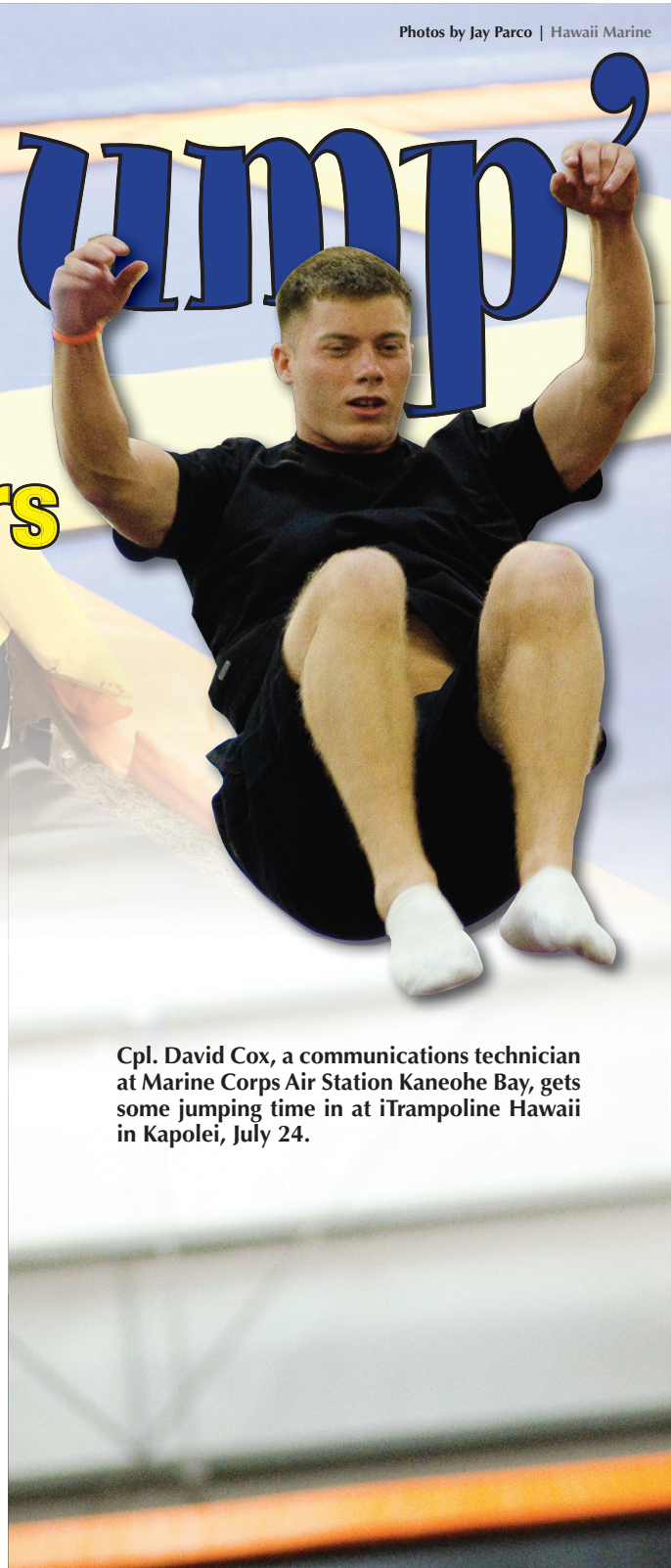
The program also offers many volunteer opportunities for service members.

Volunteers with SMSP currently visit Manawalea Ranch in Waimanalo, which provides horseback riding for people with special needs. The Marines and sailors assist with caring for the horses and the ranch's clients. Volunteers also visit the Hawaiian Humane Society in Honolulu to take the shelter's adoptable dogs running.

Cox, a native of Forest Hill, Calif., has volunteered for various SMSP events this year, such as a beach cleanup, and assisting in building a playground at the local YMCA.

"It's proactive, something to do, keeps me busy," Cox said of the events. "(SMSP has) always got something going on."

For more information about SMSP events, call 254-7593.



**Cpl. David Cox, a communications technician at Marine Corps Air Station Kaneohe Bay, gets some jumping time in at iTrampoline Hawaii in Kapolei, July 24.**



**Cpl. Connor Knecht, administrative chief, Aircraft, Rescue and Firefighting, Marine Corps Air Station Kaneohe Bay, attempts to dunk a basketball while bouncing on a trampoline at iTrampoline Hawaii in Kapolei, July 24.**



**Cpl. Franklin Junay Lemus (left), administrative specialist, Marine Aircraft Group 24, Karley Peterson, coordinator, Single Marine and Sailor Program, and Cpl. David Cox, a communications technician at Marine Corps Air Station Kaneohe Bay, play a dodgeball game at iTrampoline Hawaii in Kapolei, July 24.**



**Cpl. Franklin Junay Lemus, administrative specialist, Marine Aircraft Group 24, tries to take out his opponents during a dodgeball game at iTrampoline Hawaii in Kapolei, July 24.**



Karen Hubbard, a Semper Fit instructor, uses hand weights in her Extreme 60 class.

# Taking fitness to Extreme 60



A group exercising in the Extreme 60 class uses hand weights while doing floor exercises to work out multiple muscle groups. Extreme 60 features cardio and strength training exercises in 60-minute sessions.



Karen Hubbard, Semper Fit instructor, demonstrates one of several compound exercises the group tackles in the Extreme 60 class.

## New Semper Fit class combines strength, cardio exercises

**Story and photos by  
Christine Cabalo**  
*Marine Corps Base Hawaii*

Gym users are exerting excellence in exercise for Extreme 60, one of the newest classes at Semper Fit Center.

Participants do quick bursts of activity in 20-second intervals, then take 10 seconds of rest before beginning another set. The center started the 60-minute classes in July and added more sessions due to increased demand.

"The class features a lot of functional movements," said Karen Hubbard, the center's instructor for Extreme 60 and native of Sunderland, Mass. "This is great for people in recovery or at any fitness level, building on everyday motions that are easy, like taking a cookie pan out of the oven or doing laundry."

The format is similar to other training using short intervals of intense activity, mixing cardio and strength exercises. Hubbard said Extreme 60 follows the Tabata regimen, first analyzed by



Karen Hubbard leads her group in step workouts during a Tuesday morning session at Semper Fit Center. Extreme 60 is one of the center's newest classes, first offered in July.

researcher Izumi Tabata. In the 1990s, Tabata was the Japanese Olympic speed skating team assistant training coach and tracked the team's high intensity interval training with head coach Irisawa Koichi.

Some of the exercises Hubbard teaches in Extreme 60 mimic the speed skating that first inspired the method. However, Hubbard said she especially enjoys teaching Extreme 60 because it offers a wide variety of exercises.

Since she started training with the method in October 2011, Hubbard has experienced a boost in athletic performance.

"I originally got into (Tabata regimen) to help with running, and I always look to make those 20 seconds hard on myself," Hubbard said. "This is a very endurance-building class. This can definitely help you in running a 3-mile Physical Fitness Test or a marathon."

In a session of Extreme 60, the group completes floor

exercises, practices standing positions and uses a wide range of exercise equipment. Hubbard said many of the exercises in class are compound moves that work different muscle groups at the same time.

Ula Holland, who has regularly taken part in Hubbard's sessions for several weeks, said she's already seeing strong physical results.

"In just a few weeks, I've been able to increase hand weights from 8 pounds to 10 pounds," Holland said. "I find it's easier running a mile. The class has helped me have better upper body strength and more energy for cardio."

Hubbard teaches other modifications for beginners to Extreme 60, although she prefers more intensity. She said

the flexible method offers a full body workout at a comfortable fitness level.

"This is great because your brain is active while you do it, and you try to one-up yourself in class," Hubbard said. "You can try to up your number of reps, work on strength training without beating yourself up."

What makes Extreme 60 stand out for Julia Miller, a frequent attendee, is its a full body workout. She said Hubbard ensures participants keep proper form.

"You're keeping your heart rate at a higher but still safe level," Miller said. "You burn more calories, like you would in cardio, but you don't give up resistance training."

Whether gym users go to extremes or take a softer approach, the Extreme 60 class puts them to work at 100 percent.

**Extreme 60 class is held Tuesdays and Thursdays at 9 a.m. and 6:30 p.m.**

**For details about the class, call 254-7597.**



# COMMUNITY AND VOLUNTEER BRIEFS

## Public invited to Summer Fest 2013

Enjoy “Summer Fest 2013,” a craft and vendor fair on Saturday, held at Kailua United Methodist Church from 9 a.m. to 3 p.m. With more than 50 vendors, Summer Fest offers the Windward side a wide variety of specialty items, crafts, plant sale, and shave ice, as well as a mini health expo. For more information, visit <http://www.kailuaumc.org/summerfest>.

## Clean up, rock out during “Rockaako”

Join Sustainable Coastlines Hawaii for their beach cleanup and concert at the inaugural “Rockaako: Clean Your Space and Rock the Place” scheduled for Aug. 10 from 1 to 7 p.m at the Kakaako Waterfront in Honolulu. Attendance is free, but coordinators are accepting donations during the concert. For more information, email [aloha@undermyumbrella.com](mailto:aloha@undermyumbrella.com).

## Register for Operation Hooah Joint Spouses’ Conference 2013

Registration for “Operation Hooah,” the 2013 Joint Spouses’ Conference, will be available Aug. 12, 7 p.m. at <http://www.jschawaii.com>. This year, the conference will be held at Schofield Barracks, Oct. 5. This year’s JSC offers a wide variety of workshops and adventure-driven activities, a guest speaker, information expo, food, and a wrap-up party. Some workshops include a hands-on Thai cooking experience, stand up paddling and ocean kayaking. Attendees must be pre-registered to attend the conference, and spots fill up quickly. Visit the Joint Spouses’ Conference 2013 Facebook page for frequent updates on new workshops and conference details.

## Look to the skies for ‘Stargazing at the Zoo’

Take an after-hours education tour of the Honolulu Zoo with a planetarium presentation from the University of Hawaii’s Institute of Astronomy. The next tour is scheduled Aug. 16 from 6:30 to 8:30 p.m. Refreshments, constellation crafts and telescope viewing scheduled. There is an admission fee for the monthly tour, and reservations are recommended. For more information, visit <http://honoluluzoo.org>.

## Kokua Hawaii Foundation seeks volunteers

Kokua Hawaii Foundation is currently recruiting volunteers to join its AINA In Schools (Actively Integrating Nutrition and Agriculture In Schools) docent teams for our partnering schools for the 2013-2014 school year. The opportunity is a school year-long commitment. The intent of the program is to connect children to their land, waters and food to grow a healthier future for Hawaii. No experience is necessary. The foundation will train volunteers to teach nutrition lessons for grades 2 and 6, or garden lessons for kindergarten and grades 1, 3, 4 or 5. Docent teams will teach these hands-on, cross curricular, standards-based lessons one day a month. Interested volunteers must be able to attend the first

of four quarterly trainings in August and September for the component they are interested in (Gardens or Nutrition) and commit to a docent team from August 2013 to May 2014. For more information, email [volunteer@kokuahawaiiifoundation.org](mailto:volunteer@kokuahawaiiifoundation.org).

## Base theater adds new showtimes

Due to popular demand, the base theater has added new showtimes, effective Sept. 6. The new showtimes include Wednesday at 6:30 p.m., Friday and Saturday at 6:30 and 9:15 p.m., and Sunday at 2 and 6:30 p.m. For more information, call the theater at 254-7642.

## Hawaii Theatre Center to host auditions, apprenticeship programs

The Hawaii Theatre Center will hold auditions Aug. 12 for its 2013-2014 Hawaii Theatre Young Actors Ensemble, an acting program for high-school students. The Theatre also is scheduling interviews for the Technical Theatre Apprenticeship program (for teens ages 13 through 18). The audition and apprentice interview schedule Monday, Aug. 12 on stage at the Hawaii Theatre. The Hawaii Theatre Young Actors Ensemble auditions for ages 13 through 18 are from 4:30 to 6:30 p.m. Apprentice interviews for ages 13 through 18 are from 6:30 to 7:30 p.m. Register by Aug. 9. The programs are open to all Oahu students, and no experience is necessary. For inquiries or to register, call 791-1397 or email [eden-leemurray@hawaiitheatre.com](mailto:eden-leemurray@hawaiitheatre.com).

## Register for August AFCEA luncheon

The Armed Forces Communications and Electronics Association luncheon is scheduled for Aug. 13 at the Hale Ikena Club aboard Fort Shafter. Check-in starts at 11 a.m. and the buffet will be available at 11:30 a.m. The guest speaker is Rear Adm. Frank Ponds of Navy Region Hawaii. There is a fee for AFCEA and non-AFCEA members. For inquiries, visit <http://www.afceahawaii.com>, email Barry Fong at [barry.fong@twtelecom.com](mailto:barry.fong@twtelecom.com) or call 441-8565. To register, email Ken Wiecking at [ken.wiecking@twtelecom.com](mailto:ken.wiecking@twtelecom.com) or call 441-8524.

## Annual Rice Festival scheduled in September

The public is invited to the free 4th Annual Rice Festival, Sept. 1, from noon to 5 p.m. at Ward Centers. Sample various rice dishes from more than 30 rice vendors, participate in a spam eating contest or watch experts attempt to build the world’s largest spam musubi. There will be activities, demonstrations and entertainment. For more details, visit <http://www.ricefest.com>.

## Public invited to YWCA of Oahu’s Kokokahi Community Fair

Save the date for the YWCA of Oahu’s Kokokahi Community Fair, scheduled for Sept. 14 from 9 a.m. to 4:30 p.m. This free event will include food trucks, live entertainment including band Holunape, a keiki

fun zone with inflatables and slides, and cultural activities. On-site and satellite parking will be available as well as shuttles. Contact Wendy Chang at [wchang@ywcaoahu.org](mailto:wchang@ywcaoahu.org) or call 695-2620 for more information.

## Enjoy a day at the Honolulu Polo Club

Top players duke it out in Waimanalo each Sunday through the polo season ending Oct. 27. Free admission to service members and their families upon showing military ID. The field is 41-1062 Kalanianaʻole Hwy. Gates open at 1 p.m., matches begin at 3 p.m. For details, see <http://www.honolulupolo.com/>.

## Andrew Rose Gallery presents ‘On Paper II’

Andrew Rose Gallery is proud to present “On Paper II,” featuring more than 30 new works on paper of photography, printmaking, painting, and drawing. The exhibition showcases a majority of the gallery’s recently expanded roster of artists and the various ways they explore different media on paper. The exhibit runs through Sept. 27. The gallery will also be open today and Sept. 6, from 5 to 9 pm., for First Fridays. All events are free and open to the public. The gallery is located in Pauahi Tower on Bishop Street. The gallery is open Monday through Friday from 11 a.m. to 5 p.m. and by appointment. For more information, call 599-4400 or email [info@andrewrosegallery.com](mailto:info@andrewrosegallery.com).

## MARINE MAKEPONO Means ‘Marine Bargains’ in Hawaiian

**Kaneohe studio apartment for rent.** Large deck with ocean view of Chinaman’s Hat and Marine Corps Base Hawaii. Includes custom bathroom with hot tub/shower, covered parking, refrigerator and sink with disposal. No smoking or barbecuing. \$1,300. Call 239-5459 for more information.

**Multiple pairs of dance shoes for sale.** Selling gently used shoes with slick suede bottom soles. Shoes come in the colors red, cream, black, white or bronze with various style straps. In medium or width widths, in sizes 8.5 to 9. Purchased at \$40 per pair, but will take best offers. For more information, call 257-8837.

*If you would like to sell, buy or trade something in the Marine Makepono section of the Hawaii Marine, fill out a form at the Marine Corps Base Hawaii Public Affairs Office in building 216, room 19. Please have your military ID and a short write-up of what you’d like to run. You can fill out the form on the spot or return it to the office later. Emails, faxes and telephone calls are not accepted for Makepono classified ads. Marine Makepono may only be used by active duty, reserve, retirees or their immediate families.*



# Hawaii Marine Lifestyles



Cpl. Sarah L. Dietz | Hawaii Marine

Eddie Ortiz, 49, takes a moment to play his trumpet at Pyramid Rock Beach, July 24. Ortiz, who served in the Marine Corps for 20 years, is currently a Honolulu resident with his own band. The 2010 Entertainer of the Year in the Hawaii Hispanic Achievement Awards played in the U.S. Marine Corps Forces, Pacific Band while stationed at Marine Corps Base Hawaii.

*At dawn on Mount Suribachi, Eddie Ortiz walked in the footsteps of Marines who came before him. On this particular day, however, he did not carry a weapon — he carried a trumpet.*

**Kristen Wong**  
Marine Corps Base Hawaii

At dawn on Mount Suribachi, Eddie Ortiz walked in the footsteps of Marines who came before him. On this particular day, however, he did not carry a weapon — he carried a trumpet. The medically-retired staff sergeant remembers playing the “Marines’ Hymn” with the III Marine Expeditionary Force Band during the annual Reunion of Honor Ceremony on Iwo To, Japan, commemorating the 50th anniversary of the Battle of Iwo Jima in 1995. In the early morning hours before the ceremony, on special request, the band played a special, unplanned performance of the song. “Getting out there at the crack of dawn was really cool,” Ortiz said. “The weather was beautiful, very tropical.” In addition to the ceremony, the band also played on multiple islands, and additionally had time to walk along the beach and explore.

“It was eerie,” Ortiz recalled. “It was a haunting experience, but at the same time that was the most real experience as far as realizing that I was a Marine. Walking up on the sand, you take a step and you’re almost up to your knees in the volcanic ash and you think about what these Marines went through, it was just unbelievable.” Long before joining the Marine Corps, Ortiz began playing trumpet at age 8. A native of New York City, Ortiz grew up in the Bronx, N.Y. In fourth grade, his school administered a music test, which only he and one other child passed with flying colors. The school in turn offered them music lessons, and a choice of instruments. Ortiz chose to play the trumpet. As a child, he watched a man play the trumpet in church, and grew fond of the instrument.

“It always just fascinated me watching him play,” he said. Ortiz’s family relocated to Florida years later, and by the age of 18, he was working in various venues, performing music. His performances piqued the interest of a Marine Corps recruiter, who encouraged him to audition for the Marine Corps Music Program. Ortiz auditioned and enlisted in the Marine Corps in 1983, which he called a “hard left turn” in his career. Upon hearing his decision, Ortiz’s parents had mixed feelings. “My Mom was ecstatic,” Ortiz said. “I thought my Dad was going to kill me. It was a direction I don’t think they were really anticipating.” Since then, he has played for several bands, including the III MEF Band, Quantico Band and the U.S. Marine Corps Forces, Pacific Band.

Master Gunnery Sgt. Mark Gleason, the band master of the MarForPac Band, has known Ortiz for several years. Ortiz was platoon sergeant to Gleason, who was a lance corporal at the time. Gleason called Ortiz “professional.” “Everything he does, he does with class and a very high quality,” Gleason said. “Our ability to perform certain types of music was due to the fact that he was in the band.”

Gleason remarked that Ortiz was so gifted at his trumpet playing, that on several occasions, the band specifically featured him and his section of the band during events. However, after serving for 20 years, Ortiz was injured during training while stationed at Marine Corps Base Hawaii, and was medically retired. As he transitioned back to civilian life, Ortiz and several friends formed a new band, Son Caribe, in 2002. Through performing with the band, Ortiz includes a plethora of music styles, including bachata, merengue, salsa and contemporary music. While living in New York and Tampa, Ortiz was inspired and influenced by multiple singers and bands. To him, performers like salsa singers Andy Montanez and Ruben Blades “defined their genres in what they do.” Ortiz also admires music groups such as El Gran Combo de Puerto Rico, and the New York-based group, Fania All-Stars. Today, Ortiz lives in Honolulu and plans to graduate from Full Sail University with a Bachelor of Science degree in business administration this fall. Over the years, he has added more musical skills, including singing, and playing trombone and piano. Though he is no longer on active duty, he continues to keep close ties with the MarForPac Band. The band has invited him to perform as a guest soloist in several events. In addition, seven of the members in Son Caribe are MarForPac Band Marines. Though many service members eventually

change duty stations and must leave the band, Ortiz said they usually find someone to take their place. Ortiz is the currently the first musically-inclined member of his family. Whether or not his two teenage sons will follow in his footsteps remains to be seen. But Ortiz said his eldest son recently learned how to play guitar and as a surprise, performed the first song he learned, “Happy Birthday to You,” for his father’s birthday. “That was the best birthday present he could have ever (given) me,” he said. “(Ortiz is) someone whom I respect,” said Ray Cruz, the assistant director of operations at Hawaii Public Radio. “(He is) a great asset to not only the community at large but the Hispanic community.” Cruz, who has known Ortiz for more than 10 years, was the master of ceremonies at several events in which Ortiz played with his band. When Cruz and Ortiz met in Hawaii, they found they had a great deal in common, having both grown up in New York and sharing the same cultural heritage. With regard to Ortiz’s work with his band, Cruz said Ortiz has “a passion for anything he does” and “attention to detail.” He commented that Ortiz uses his skills as a Marine in his musical work. Cruz also calls him the “ultimate professional,” incorporating his knowledge of the most current popular music and original songs into his performances, and reaching out to both the civilian and military community by including Marines as members of his band.

*“Play because you enjoy playing. Don’t play to get rich. If people like what they hear, the second part will follow. But you have to enjoy what you’re doing.”*  
- Eddie Ortiz

“Eddie Ortiz (leaves places) in a better condition than when he found it, for sure,” he said. Ortiz said he hopes in the future, his band will grow and continue to raise cultural awareness through its music. Eventually, he plans to open his own recording studio. Though he occasionally takes time off from a busy band schedule to relax on a boat in Kaneohe Bay, it seems he hardly needs rest for something he loves. “(Music has) always been a dominant part of my life,” Ortiz said. “It’s what I enjoy doing. I feel blessed that my job is to make music. I don’t feel like it’s a job, it’s just what I do.” For aspiring musicians and current Marines, he offers the same advice. “Play because you enjoy playing,” he said. “Don’t play to get rich. If people like what they hear, the second part will follow. But you have to enjoy what you’re doing.”



Photo courtesy of Eddie Ortiz

Then-Staff Sgt. Eddie Ortiz, a small ensemble leader with the III Marine Expeditionary Force Band, poses with his fellow Marines.



PASS

IN

REVIEW

Your weekly guide to the best aspects of entertainment

Welcome to the Pass In Review, your No. 1 source for cinema, music, video game, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week’s critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system, you can quickly decipher what is worth your time and what isn’t, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you’re not familiar, here’s a quick breakdown of the ratings ...

- 1/4 — No Impact, No Idea

Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.
- 2/4 — High And To The Right

Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if there’s nothing better to do.
- 3/4 — On Target

Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.
- 4/4 — Confirmed Kill

Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.

So, there you have it and we hope you enjoy our weekly reviews. Don’t forget, the Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm, feel free to submit your own reviews.

Better Know A Critic

KNAPKE

Nathan Knapke enjoys watching film that are unique and unlike any others. His favorite kind of film always has him guessing what’s going to happen next. Knapke likes action packed movies that are borderline impossible to perform.

‘The Wolverine’

struggles with the Wolverine

Lance Cpl. Nathan Knapke  
Marine Corps Base Hawaii

The mutant hero I grew to love still conquers all evil that comes his way. Although he seems indestructible, “The Wolverine” meets another force that challenges him in ways he has yet to face in this latest “X-Men” movie.

Logan (Hugh Jackman) lives in the wilderness to keep himself from hurting anyone, secluding himself completely from society. He has caveman characteristics with his extremely long hair and beard. His superhero powers of regeneration and immortality aren’t

have some downsides. Surviving multiple wars and killing the woman he loves, he has post-traumatic stress disorder on steroids. Logan is haunted by dreams from his very long life.

He receives an unexpected summon from Yashida (Haruhiko Yamanouchi), who Logan saved from an atomic bomb. Yashida is ill and wanted to see Logan before he passed away, convincing the X-Men to fly to Japan to see his old friend. When Logan arrives in Japan, there are more problems the mutated hero must solve.

Yashida’s female doctor (Svetlana Khodchenkova) finds a way to

compromise and weaken the Wolverine. While protecting Yashida’s granddaughter, he gets shot and severely beaten several times. Logan begins to realize how weak he’s becoming and figures out that he needs to find a way to regain his strength. His solution perfectly shows that the Wolverine is back in good form.

Logan’s nightmares show his past, clueing you in on what was bothering him. During the movie he contemplated wanting the ability to die. Yashida gave him some words of wisdom before he passed away and it stuck with him all the way through the end of the movie.

The film did a great job explaining the story and plot. I went with a friend who has never seen any of the X-Men or Wolverine movies. He said he understood what was going on and it was easy for him to pick up the plot of the movie.

“The Wolverine” had the traditional action scenes that had me on the edge of my seat and shaking my head in amazement. The last couple of scenes will blow your mind and even made me mad, but in a good way. Although, during the last fighting scene, something horrible happens to him that made me question how the Wolverine would ever be the same.

I encourage anyone who goes to watch “The Wolverine” to stay after because there is a sneak peak into the next movie. Yes, there is going to be another movie. It looks like mutant fans’ appetites for another X-Men movie will be satisfied. It gives you a glimpse into what the Wolverine will become. The scene even shows what characters are coming back.

Overall I thought the movie was great and would recommend it to anyone. I have always loved the Wolverine and this movie is a great addition to an already great series. Hopefully you will enjoy the movie as much as I did.



4/4

(Confirmed Kill)

Movie

Times

“Despicable Me 2” PG Today | 7:15 p.m.

“The Heat” R Today | 9:45 p.m.

“The Lone Ranger” PG-13 Saturday | 6:30 p.m.

“White House Down” PG-13 Saturday | 9:45 p.m.

“Despicable Me 2” PG Sunday | 2 p.m.

“Man of Steel (in 3D)” PG-13 Sunday | 6:30 p.m.

“The Lone Ranger” PG-13 Wednesday 6:30 | p.m.

Prices: All shows are \$3.25 for adults and \$2.25 for children. For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call **254-7642** for recorded information.



# Kaneohe Klipper Golf Course Swings Into Summer



Lance Cpl. Suzanna Knotts | Hawaii Marine

Representatives from golf companies like Nike and Titleist were on hand to help attendees pick a golf club and test it out during the fifth annual Klipper Summer Bash at Klipper Golf Course, July 26. The golf clubs were discounted and there were prize giveaways. The event was open to golfers and non-golfers, featuring longest drive contests and face painting, as well as food, drinks and music for everyone. Emily Vergara, an intermediate golfer, said she takes lessons on the course and the event is a great way to upgrade equipment and try clubs from various companies.

## ENERGY CORNER

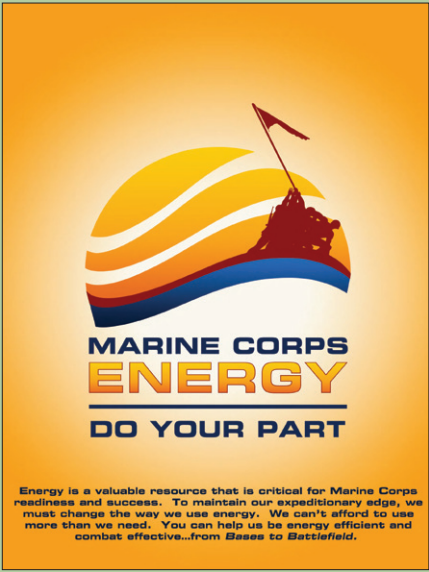
### Saving Marine Corps Base Hawaii’s energy/utilities

The concepts of saving lives, conserving resources, and being effective managers have been part of our mantra for decades.

From indoctrination in the four life-saving steps to training as a combat lifesaver, Marines and sailors familiarize themselves with extreme measures to save. In the world of energy conservation, waste is the ever-vigilant enemy of our desire to conserve and save.

We have to continue to apply the tourniquets of cost savings as we progress through this year of fiscal cuts. Combat effectiveness has the ability to combine operational and tactical results for perfect mission accomplishment in the face of direct contact with the enemy. In garrison, thousands of miles away from a declared combat zone, we must realize we still have conflicts and enemies.

Today our foes are energy and water waste. If we can conquer these beasts, nothing is impossible. If you’re the one who’s helping conserve energy and water, good for you. We can win this war. Let’s save the government money by saving Marine Corps Base Hawaii’s energy and utilities. Keep up the good work warriors, and Semper Fidelis.



## Volunteer with NMCRS K-Bay

The Navy-Marine Corps Relief Society is a nonprofit organization run by volunteers that aids and supports Marines, sailors and their families. It offers financial counseling, Budget for Baby workshops, education tuition scholarships/assistance and interest-free loans and grants. The society is constantly looking for individuals who would be interested in helping with various programs.

NMCRS offers a variety of ways you can contribute as a volunteer. Do you have a background in finance? Or maybe you’re interested in learning more about financial counseling and helping others out of debt. If so, join the society as a caseworker.

Perhaps you’re more interested in helping new and expecting parents prepare for a new baby. You would make a perfect instructor for Budget for Baby class.

Do you enjoy public speaking and meeting new people? We would love to have you aboard as part of our publicity and marketing team and an ambassador for NMCRS. No matter where your interests lay, if you have the time and want to give back to Marines, sailors and their families, we have a place for you at NMCRS K-Bay.

- Build your resume
  - Develop new skill sets with free training
  - Child care and mileage reimbursement available to all volunteers
  - Broad range of volunteer opportunities available
- Call 257-1972 or email [katie.boyce@nmcrs.org](mailto:katie.boyce@nmcrs.org) for more information.